



Staveley Great Big Green Week

18th to 26th September 2021

REPORT



'Green library' - Saturday 18th September 2021 @ Jack's Corner, Staveley



Funded by the National Lottery Community Fund/Zero Carbon Cumbria



1.0 Introduction

SENS was formed in November 2007 to promote sustainability action in the village, by looking at ways to reduce home energy use, promote cycling and walking, develop renewable technologies and raise awareness of and take action on climate change. See: <http://www.sustainablestaveley.org.uk/>

The SENS committee organised a series of events to celebrate Great Big Green Week (GBGW) 2021. We were very grateful to receive £480 of funding from the National Lottery Community Fund /Zero Carbon Cumbria towards the costs of holding the events, plus a 'legacy' item – a community noticeboard for Jack's Corner, our relatively new public space in the centre of the village, and the 'centre point' for GBGW activities.

All the events were run by local volunteers, including SENS members.

2.0 Aims and Objectives

Staveley Great Big Green Week 2021 aimed to:

- forge closer relationships with Cumbria Wildlife Trust and South Cumbria Rivers Trust with a view to working with them going forward on other projects, including SENS ongoing Save the River Kent campaign
- forge closer relationships with businesses and engage them in sustainability issues as we encourage them to get involved with the week and promote their own 'green' activities
- raise awareness across Staveley, Ings and Kentmere residents about sustainability and climate change (including those that don't get directly involved with the event) in fun, practical events and competitions
- strengthen our relationship with the Parish Council by supporting their Community Plan to promote biodiversity and sustainability locally
- Undertake practical tasks including 2 litter picks
- Inform participants in more depth about green issues through engagement with the events about energy efficiency, green film shows, river dipping event
- Launch a Seed Bank for Staveley, in partnership with Cumbria Wildlife Trust
- Launch a week long Bio-blitz, in partnership with Cumbria Wildlife Trust
- Generate support / funding for SENS and recruit more volunteers and members
- Promote results from a Staveley weather station (collecting data since 1984) and continue to host weekly updates of weather on SENS website on an ongoing basis
- Run a competition to raise awareness of climate change issues, and gather evidence from parish residents/businesses about their views on climate change which we will share with the Parish Council
- Hold a 'washup' evaluation session with SCRT, CWT and produce a mini report on the success of the event, based on discussions with Lake District National Park Partnership



Management Plan co-ordinators, as a potential case study example of how a community can co-ordinate / deliver events and benefit from the engagement process

- Install a Community noticeboard at Jacks Corner (public space in centre of village)

3.0 Programme of Events

The full programme of events was publicised via:

<http://www.sustainablestaveley.org.uk/greenweek/>



**THE GREAT
BIG GREEN
WEEK**

18th – 26th September 2021

ALL EVENTS FREE, EVERYONE WELCOME!

<p>SATURDAY 18th 10am – 12pm Local LITTER PICK (bags, pickers provided) Meet @ Staveley Chippy</p>	<p>SATURDAY 18th 11am – 1pm INFORMATION STAND: books, competitions, campaigns, pledges, advice & FREE refreshments @ Jack's Corner</p>	<p>SUNDAY 19th 8 – 9pm (Samba music 7.45pm) 'Green' FILM SHOW, showing locally made films re. Staveley Ginnel by More Bakery/Brewery @ Jack's Corner Bring a seat/warm clothing</p>
<p>TUESDAY 21st 10am – 2pm LOCAL GUIDED WALK (8 km) Find out about Staveley Woodlands & Allotments restoration projects. Bring lunch/drink. Meet @ Jack's Corner</p>	<p>TUESDAY 21st 6.30pm – 8pm TALK: MAKING YOUR HOME MORE ENERGY EFFICIENT plus Q&A session (bring your questions!) Diane Hubbard, Green Footsteps Ltd. @ the Village Hall</p>	<p>WEDNESDAY 22nd 4pm – 6pm RIVER DIPPING SESSION run by South Cumbria Rivers Trust Meet @ Jack's Corner with your wellies & an adult</p>
<p>WEDNESDAY 22nd 6.30pm – 8pm 'Green' FILM SHOW, with films about climate change issues Ginnel by More Bakery/Brewery Bring a seat/warm clothing</p>	<p>THURSDAY 23rd 6pm – 8 / 9pm LITTER PICK/WALK UP KENTMERE (6.2km) (bags, pickers provided. BRING A TORCH) Meet @ Abbey Square</p>	<p>FRIDAY 24th 10am – 12pm INFORMATION STAND: books, competitions, campaigns, pledges, advice & FREE refreshments @ Jack's Corner</p>
<p>ALL WEEK! Seed and Plant Swap – 'Bring a plant, Take a plant!' @ Big Onion stands, Mill Yard Take part in an exciting Staveley Bioblitz and contribute to our very own Seed Bank collection. Run by Cumbria Wildlife Trust. For more info. visit website below. More details about all events: www.sustainablestaveley.org.uk/greenweek/ <small>Funded by National Lottery Community Fund / Zero Carbon Cumbria</small></p>		

WEEK LONG EVENTS

There were a series of events that were on-going throughout the week including:



Funded by the National Lottery Community Fund/Zero Carbon Cumbria



A **Staveley Bio-Blitz**, organised by Cumbria Wildlife Trust:



THE GREAT BIG GREEN WEEK
18th – 26th September 2021

🐝 🌱 🌍 🌱 🐝

TAKE PART IN THE STAVELEY BIO-BLITZ!

Can you help find and record Staveley's wildlife?

Staveley Bioblitz is a self-led search of your own or public green spaces. The aim is to record as many species of plants/birds/bugs and beasts throughout the week to understand better what is in the village and enable the community in the future to help & sustain this wildlife.

Please record all sightings through the week at:
www.inaturalist.org/projects/big-green-week-staveley

If you want any resources to help with recording or identifying email Danni: daniellec@cumbriawildlifetrust.org.uk

Funded by National Lottery Community Fund / Zero Carbon Cumbria

The launch of a **Staveley Seed Bank**, organised by Cumbria Wildlife Trust:



THE GREAT BIG GREEN WEEK
18th – 26th September 2021

🌳 🌱 🌍 🌱 🌳

Let's create a STAVELEY SEED BANK!

Help stop the import of non-native seeds to Cumbria
Cumbria Wildlife Trust wants to collect any local seeds, from the vegetables that you are growing ...to flowers... to trees.

Come and talk to Danni about how to collect/store seeds

She will be @ Jack's Corner
10am - 12pm
Monday 20th September
Tuesday 21st September

She is also looking for a **local CHAMPION** to help take this project forward.
If you are interested please email: daniellec@cumbriawildlifetrust.org.uk

Funded by National Lottery Community Fund / Zero Carbon Cumbria

A **Seed & Plant Swap**, organised by The Big Onion Community Stall:



Funded by the National Lottery Community Fund/Zero Carbon Cumbria





DAILY PROGRAMME OF EVENTS

There were a series of events each day throughout the week including:

Saturday 18th September

A local **Litter Pick** and an **Information Stand**.



All the equipment for the litter pick (apart from gloves due to Covid guidelines) was provided enthusiastically by SLDC, which is keen to support local initiatives to keep streets clean.

The stand included:

- Free refreshments, provided by the Women's Institute, and fruit provided by FoodShare
- A 'green' book library with a selection of reference books for both adults and children
- A 'SENS' information section, including mailing list sign-up sheet, campaign sign-up sheets (for Save The Kent River campaign, and a Traffic Management campaign)
- Leaflets produced by SENS for Staveley households including a Climate Change leaflet with a current survey (prize draw), and copies of an Action for Nature leaflet that was distributed last year around the village.
- A series of 'green ribbon' pledges that were tied to the tree in Jack's Corner
- A general information and advice section with Cumbria Wildlife Trust & South Cumbria Rivers Trust, Energy Efficiency, Composting leaflets and much more advice.
- COP 26 leaflets and a sheet explaining what COP26 is and what one can do.
- A display showing Staveley rainfall data from the last 20 years, collected in a weather station run by former Staveley resident.
- An activity corner for children including colouring sheets about energy use, moth making kits (for COP 26 initiative)
- Plus: Risk assessments, hand sanitisers, stationary etc.



Funded by the National Lottery Community Fund/Zero Carbon Cumbria





Sunday 19th September

A 'Green' Film show including local Staveley & Cumbria films, supported by Staveley's Samba band.



Funded by the National Lottery Community Fund/Zero Carbon Cumbria





Monday 20th September

Cumbria Wildlife Trust was @ Jack's Corner to talk about the Seed Bank project (see poster above in WEEK LONG EVENTS).



Tuesday 21st September

Cumbria Wildlife Trust was @ Jack's Corner again to talk about the Seed Bank project (see poster above in WEEK LONG EVENTS).

There was also a local walk around Staveley's woods and allotments.

And an evening talk about making one's home more energy efficient.



Funded by the National Lottery Community Fund/Zero Carbon Cumbria



THE GREAT BIG GREEN WEEK
18th – 26th September 2021



FREE LOCAL GUIDED WALK

Tuesday 21st September
10am – 2pm
Meet @ Jack's Corner

Come and see our own temperate rain forest, Craggy Wood and the work being done to link Staveley Woodlands together, plus a visit to the old parish council allotments to see how their restoration is taking shape.

Approximately 8km with some steep and rough ground walking. Not suitable for pushchairs.
Bring some lunch and a drink.




Funded by National Lottery Community Fund/Zero Carbon Cumbria

THE GREAT BIG GREEN WEEK
18th – 26th September 2021



FREE TALK

Making your home more energy efficient

Reducing your home energy use - 10 things to think about that aren't insulation. Followed by a Q&A session to talk about your home energy efficiency questions and guidance on how to switch to a 'green' energy supplier.

Bring along your questions!

Tuesday 21st September
6.30 – 8pm
Village Hall
By Diane Hubbard, Green Footsteps Ltd.

Funded by the National Lottery Community Fund / Zero Carbon Cumbria



Wednesday 22nd September

In the afternoon there was a River Dipping Session run by South Cumbria Rivers Trust. And that evening a second 'Green' Film show with films about climate change issues



**THE GREAT
BIG GREEN
WEEK**

18th – 26th September 2021



FREE RIVER DIPPING SESSION

Come and explore our beautiful River Kent.....
Find out what wildlife exists below the surface!

Wednesday 22nd September
Led by South Cumbria Rivers Trust
4pm – 6pm
Meet @ Jack's Corner

All welcome, equipment provided, just bring wellies.
Children must be accompanied by an adult.



Funded by National Lottery Community Fund / Zero Carbon Cumbria

**THE GREAT
BIG GREEN
WEEK**

18th – 26th September 2021



FREE FILM SHOW

Wednesday 22nd September
6.30pm - 8pm
@ Ginnel between Hawkshead
Brewery & More Bakery

A series of short films showing the impacts of climate change, plus a chance for discussion about local action.

**REFRESHMENTS / INFORMATION
ALL WELCOME!**

Bring your own seat & warm clothes



Funded by National Lottery Community Fund/Zero Carbon Cumbria



Thursday 23rd September

There was a second litter pick / walk up Kentmere. This was not well attended (just 3 people in total) but there were expressions of support on the Staveley Facebook pages! In addition to the bag of litter and various large plastic items, a can from 1987 was found in the verge!



Friday 24th September

There was another Information Stand session (see Saturday 18th Sept entry). Unfortunately the weather wasn't great (drizzle all morning) but the conversations that were had were useful, including a lady that wanted to completely redesign her garden to be wildlife friendly! And a few more moths for the COP27 tree in Glasgow were produced, plus lots of cake was eaten (thanks to the WI volunteers).



4.0 Impact of Staveley GBGW

SENS completed the evaluation report provided centrally by Great Big Green Week.

The table below shows the estimated number of participants and volunteers that attended events over the course of the week:

Date	Event	Number of Participants	Number of Volunteers
18th September	Litter Pick	10	3
18th September	Information Stand	50	8
19th September	Film Show	20	5
20th September	CWT stand	30	1
21st September	CWT stand	18	1
21st September	Guided Walk	5	1
21st September	Energy Efficiency talk	10	5
22nd September	River Dipping	13	3
22nd September	Film show	6	2
23rd September	Litter Pick	3	1
24th September	Information Stand	10	5
ALL WEEK	Plant & Seed Swap	15	2
ON-GOING / Signups	Bio-blitz project	5	1
ON-GOING / Signups	Seedbank project	10	1
TOTALS		205	39

There were 26 'green' pledges made, including:

- "I've heard of a plug that plugs into a socket near to your junction box (and saves lots of energy) . Has anyone any info on this please?" This lady said she was not even sure if these devices are legal, but that her husband said it was something to do with "dirty energy"
- "We hope that Staveley businesses can work together to sell less plastic and be more ecologically aware"
- I pledge to do "less driving- more walking, and using drying clothes horses instead of dryer"
- "I will take shorter showers"
- "I'm happy to join SENS group" Claire
- "The Ecocide group is trying to pass a law to enforce (penalties against companies who cause?) environmental damage "
- "Plant more trees and greenery" . This lady was particularly disappointed that there is only one tree planted on Jack's Corner.

- “Could we please have someone telling us about the research and pros and cons of electric cars!”
- “Mealbank pollinator garden- The fine people of Mealbank have planted wild, native pollinator flowers in a bit of rundown lawn. It looked spectacular by the end of summer and had lots of butterflies and bees. We also have hedgehog warning signs”
- (Stop) “ people who leave their (car) engines running” (while waiting)



Feedback received from the events included:

- Lots of Likes, Shares of the Facebook posts
- Film show, 19th September:
 - *It was a really lovely evening and clearly well organised.*
 - *Last night was great, I love to live and be part of Staveley.*
 - *The film sesh on Sunday was great*
- Led walk, 21st September:
 - *We had a great time, and Anne was a great guide*
- River Dipping, 22nd September:
 - *Thanks very much. Was lovely!*

Number of people made aware of GBGW events and aims:

- Radio Cumbria listeners (5.30pm drive time show)
- Visitors to Staveley
- Local Residents – posters on street / Facebook posts

Number of people who signed up to:

1. Join SENS mailing list - 12
2. Protect the River Kent campaign - 17
3. Traffic Management campaign - 9

Number of local organisations and businesses involved/supporting GBGW:

- About 20 local businesses agreed to display posters
- Hawkshead Brewery arranged to supply power for the film shows
- More Bakery allowed us use of their outdoor seating for the film shows
- Brockbank Ltd. Gave us permission to run the film shows in the ginnel
- The Big Onion organised the Seed and Plant Swap
- The Women's Institute members provided lots of cakes/biscuits for events
- South Cumbria Rivers Trust organised an event and provided information for stands
- Cumbria Wildlife Trust organised several activities and provided information for stands
- Local experts/residents (Anne/Diane/Isobel/James) volunteered their time to lead walks, litter picks and talks
- SENS members volunteered to help with set-up, manning and packing away of events, as well as compering / leading events.
- Staveley School helped to publicise the events to all their parents
- First Aid Cumbria lent us their projector/slide screen
- Staveley Samba band came and played for us at the first film show
- Parish Council gave permission to use Jack's Corner to display information and hold events
- Gazebo loaned by local resident
- SID Designs, a local printer, took on the time-consuming job of printing a small quantity of posters for SENS because it was a local event although not part of their normal work.
- 2 local residents shared their weather station information with us for display
- South Lakeland District Council loaned us litter picking equipment (pickers, hoops, vests, bags)



Women's Institute stand of free, delicious refreshments!

4.0 General Observations & Learnings

- Overall, whilst we were not short of ideas to attract different types of people (films, displays, activities) the average attendance for events was disappointingly low. SENS need to think more about how to effectively publicise events in the future – see section below.
- There was a significant amount of community support for the event, which hopefully has resulted in closer links with and awareness of SENS, and support for local 'green' actions
- GBGW has proved the value of having a public space in a village through demonstrating how it could successfully host local events
- It has been an opportunity to forge closer links with local partners in particular Cumbria Wildlife Trust and South Cumbria Rivers Trust. Will be continuing to work with them on the Bio-blitz, Seedbank projects, as well as our Protect the River Kent campaign, and more River Dipping sessions.
- It has reinforced the impression in residents, businesses and visitors minds that Staveley is a lively, resilient community that can work together to make things happen – positivity that may influence individual/business behaviour for the greater good of the community.
- It felt important to have some element of legacy ie. the community noticeboard, BioBlitz, Seedbank. The legacy activities also provide a useful opportunity to engage with people post Great Big Green Week to continue the conversations.

- There might have been a few too many events in the end – some overlap between the two film shows meant that attendance for the second showing was very low.
- There was general interest expressed in having more face-to-face SENS meetings and events, including more River Dipping sessions – a great opportunity to take forward and continue conversations/engagement.
- It was considered important that holding events like these must not just be seen as volunteers doing things for free or cheaply in communities. It is important to ensure that the work that volunteers do locally is linked in with wider initiatives, partnerships at a strategic level so that the profile and credibility of the messaging continues to grow, both locally and wider afield.
- It is important to continue to explore ways for local people and organisations to take action ...which is more structural. Getting the messages is right but perhaps providing the right options/avenues for engagement needs to be priority going forward.
- Shelley Barlow, organiser of the Staveley Carnivals and other events said that she would like to get involved next year if we run another week.

Thoughts on Information Stand

- At both Information Stand events there was a great atmosphere – everyone who came was very engaged and there were some useful discussions.
- The stalls were impressive - loads of stuff and wonderful cakes, thanks to the Women's Institute
- Footfall seemed low even when the weather improved - the action seemed to be round More, Hawkshead and Wilf's (although perhaps they were visitors rather than locals) although using Jack's Corner was definitely the right place to showcase the community public space too.
- Not sure how many of those that came to the stand weren't already 'climate aware'
- It was difficult to really engage people in COP 26 without sounding like you were 'preaching' which might have been a turn-off.
- There was lots of information about all sorts of areas – wildlife, energy, COP26 etc. Some of the issues, such as the Save the Kent Campaign and the Traffic Management Campaign might have got a bit 'lost' in all the different leaflets / papers
- It was really important for people helping at the stand to ask people what concerns them - start from where they are and not from one's own position.
- It was hard work getting people to write anything as a 'green pledge'. Maybe a comments box and a prize draw would help next time.

Thoughts on the River Dipping Session, from South Cumbria Rivers Trust:

“Really happy to have been involved with the Green Week and yes to another session early summer next year. Sometimes it’s about quality rather than quantity so although there wasn’t a big attendance those that came got lots out of it and there were some good conversations about rivers too. As you say a weekend day would probably be better, given how many things children seem to be involved in with after school activities”. *(SCRT could only manage a weekday due to Torchlight commitments at the weekend)*

Thoughts on Promotion and Publicity

- It worked well to ask other local organisations/businesses to promote GBGW events directly to their own audiences. For instance, the school sent out information direct to all parents.
- It might have been worth also having some simple handouts with website details so people could take home and look up events in their own time
- Maybe SENS needs to collect and use mobile phone numbers and use this way to inform/remind people of events in future – more direct
- Whilst the posters were relatively eye-catching and were put up in many places around the village and surrounding villages perhaps, as a way of communicating with people they are becoming less ‘current’. It might be worth doing a survey of SENS members about what they feel are the most effective ways to communicate with Staveley going forward.

4.0 PR and Communications

- The events were publicised via a dedicated GBGW page on SENS website: <http://www.sustainablestaveley.org.uk/greenweek/>
- SENS also issued a press release to local media and local businesses: http://www.sustainablestaveley.org.uk/wp-content/uploads/2021/09/PRESS-RELEASE-STAVELEY-CELEBRATES-GREAT-BIG-GREEN-WEEK-Sept-18-26.FINAL_.docx
- SENS were interviewed on 21st September for a short ‘drive time’ slot for BBC Radio Cumbria.
- Daily posts, before and during GBGW, were put on local social media pages including [SustainableStaveley](#), [Staveley Community Noticeboard](#) and [Staveley Past and Present](#) Facebook sites.

- A series of posters were designed, printed locally (A3 & A4 versions), and put up around Staveley and nearby communities including Ings, Kentmere & Burneside including:
- [A general overview poster](http://www.sustainablestaveley.org.uk/greenweek/) plus a more detailed poster for each event (downloadable from: <http://www.sustainablestaveley.org.uk/greenweek/>)



6.0 FINANCES

SENS also received cash donations of £14.57. £9 of this has been spent on the purchase of Spring bulbs for the planters in Jack's Corner. £5.57 will be put towards future costs associated with the Protect the Kent campaign.

7.0 NEXT STEPS

- Once the report has been finalised it will be shared with the Parish Council and SENS members.
- SENS will organise a 'washup' meeting with Cumbria Rivers Trust, Cumbria Wildlife Trust to explore how the events went, and what further partnership work can take place.
- SENS will also share a copy of the final report with the Lake District National Park Partnership, showcasing SENS management of Great Big Green Week as a case study of how communities can take action and organise events/community engagement locally.

APPENDICES

A. SENS COP 26 leaflet



**UN CLIMATE
CHANGE
CONFERENCE
UK 2021**
IN PARTNERSHIP WITH ITALY

**THE GREAT
BIG GREEN
WEEK**

SENS
Sustainability & Energy
Network in Staveley

COP26 WILL BRING THE WORLD TOGETHER IN GLASGOW TO STRENGTHEN THE GLOBAL COMMITMENT TO SAVE OUR PLANET BEFORE IT IS TOO LATE.

Global leaders will be asked to:

1. Come forward with ambitious 2030 emissions reductions targets to reach carbon net zero by 2050.
2. Work together to enable and encourage countries affected by climate change to:
 - protect and restore ecosystems
 - build defences, warning systems and resilient infrastructure and agriculture to avoid loss of homes, livelihoods and even lives
3. Make good on their promise to mobilise at least \$100bn in climate finance per year by 2020.
4. Agree how they will work together to rise to the challenges of the climate crisis.

WHAT CAN I DO IN THE RUN UP TO COP26?

1. Join SENS – the Sustainability and Energy Network for Staveley (see over the page).
2. Learn more about COP26 and share this with your family and friends and contacts: <https://ukcop26.org/>
3. Write to Boris Johnson <https://email.number10.gov.uk/> and Alok Sharma (President of COP26) alok.sharma.mp@parliament.uk telling them what the UK needs to do, for example:
 - encourage investment in renewables, green energy and high tech jobs for the future
 - accelerate the phase-out of fossil fuels
 - stop deforestation, restore natural habitats
 - speed up the switch to electric vehicles
4. Sign the petition against the proposal for a new coal mine in Whitehaven - <https://act.friendsoftheearth.uk/petition/stop-plans-coal-mine-cumbria>
5. Donate to and/or join groups which are campaigning for carbon net zero and green jobs as alternatives to ‘dirty’ ones eg Friends of the Earth, Green Peace.
6. Support local groups which are working to protect Cumbria’s future including Cumbria Wildlife Trust, South Cumbria Rivers Trust.
7. And carry on doing what you’re probably already doing to reduce your carbon footprint. For example, eating local food; travelling on foot or by bike or by public transport; insulating your home; using less “stuff”; planting flowers which are bee and insect friendly.





SENS : Sustainability and Energy Network for Staveley

SENS was formed in November 2007 to promote sustainability action in the village, by looking at ways to reduce home energy use, explore the potential for local hydro-electric schemes, promote cycling and walking, develop renewable technologies and raise awareness of and take action on climate change.

2015 floods brought (climate) chaos to our village, and since then we have seen episodes of extreme weather each year.

SENS has a website, a newsletter and a Facebook page. We run events and campaigns, undertake research, publish leaflets, and provide green "case studies" about sustainability, climate resilience and biodiversity. Here are three examples of our current work:

1 Active Travel

SENS carried out an Active Travel survey in August 2020. People told us how much they valued being able to walk and cycle around the parish. They also emphasised the need for affordable and reliable public transport, as well as better management of traffic and parking in the villages. We agreed that the top priority was a participatory mapping exercise to prioritise key walking/cycling "desire lines" around the village, identifying any works required to create safe and accessible routes. This would also help create public spaces in which people can meet, socialise and relax. This will be taken forward within the Community Plan.

2 Protecting the River Kent

Staveley was badly flooded in 2015 (Storm Desmond). Heavy rain can result in wastewater including raw sewage being discharged into the village streets; this happens around 10 times each year, and SENS is campaigning for action in the upper Kent valley to reduce the risk of flooding. At the same time the parish council discovered that, in addition to the occasional problems with flooding, untreated wastewater and sewage was being discharged into the River Kent on average almost once a day. This is an obvious health hazard, but is also responsible for significant fish kills. SENS has established a new group with groups along the river to "Protect the Kent".

3 Community Plan 2021

SENS is a group of interested locals which work within as well as outside the system. Staveley with Ings Parish Council has developed a new Community Plan over the last 12 months and SENS members have been able to ensure that one of its five values is to "respond to the climate emergency, placing an emphasis on creating and nurturing a sustainable environment." SENS is committed to working with the community to put the Plan into practice, and is already taking the lead on promoting biodiversity.


Please sign up to our newsletter and come and join us - <http://www.sustainablestaveley.org.uk/>



Funded by the National Lottery Community Fund/Zero Carbon Cumbria



B. SENS LEAFLETS – Climate Aware Household/Action for Nature



STAVELEY CLIMATE AWARE HOUSEHOLD

SENS
Sustainability & Energy Network in Staveley

Ten suggestions to reduce your carbon emissions

You don't have to join – just join in

IN THE HOME

1. Save energy – turn the heating temperature down, wear more clothes, use the tumble drier less
2. Switch to a green electricity tariff
3. Use energy efficient lighting and appliances



ON THE TABLE

4. Reduce food waste, and single use plastic packaging
5. Buy local, seasonal produce
6. Eat less meat and dairy products




OUT & ABOUT

7. Walk, cycle, use public transport if possible
8. Car share, drive a low emission vehicle
9. Reduce or stop flying



SHOPPING

10. Consider second-hand, buy less, swap



Is it really that serious?

Greenhouse gas levels are currently higher than they have been in over a million years well before humans evolved.

We have spaces less, pollinator loss, risk to food supplies and potentially mass migration of human populations.

Recent weather events in the UK and across the globe are becoming more and more extreme.

So now we have global temperature rise, destabilised climate systems and extreme weather events.



Let's create a world fit to pass on to our children where...

- The air and the streets are clean
- Many of our young people are employed in local green jobs
- We are generating a lot of our energy locally
- We have regular, frequent, clean public transport
- We grow most of our food locally
- We have secure supplies of water
- We have safe sewage systems
- We are flood resilient with flooding prevented
- There is less need to commute to work with more family and community time
- Stranger communities mean more trust and less crime, reducing the reliance on police service
- We have access to many more green spaces with flowers for pollinators and trees providing shade, sucking up CO2 and generally improving our physical and mental health and wellbeing thus reducing the needs for health and social care services

We can relax knowing our children and their children have a secure future to look forward to.

FURTHER INFORMATION

www.ourplanet.com
Check out the What I can do section – lots of advice, hints and tips, useful films, school resources and more

www.theccc.org.uk
What the UK government is and is not doing so far. The Tackling Climate Change and Climate Science tabs are helpful.

www.skepticalscience.com
This website helps with doubts and questions. Climate Myths in the left panel is particularly helpful.

WHAT CAN YOU DO?

Place this leaflet in your window and try out some of the suggestions.

Check out the SENS website for local events, meetings, groups:
www.sustainablestaveley.org.uk

SENS is setting up working groups to explore how we can make Staveley more climate resilient. If you are interested in finding out more do get in touch!

Email: senstaveley@gmail.com

Please take part in our short survey about your views on climate change. It won't take more than 5 minutes and there is a £25 high street voucher prize draw for all submissions! Go to the following page:
www.surveymonkey.co.uk/r/JHWRMDJ





A checklist for wildlife-friendly gardens

You don't have to join – just join in

How wildlife friendly is your garden?

How many boxes can you tick?

- Nectar-rich flowers from spring to autumn (look for the RHS Perfect for pollinators logo on plants and seed packets).
- Seed heads and berries left through the winter.
- Dead wood, log pile, stone pile, dead leaves.
- Fruit trees, berry-bearing shrubs, climbing plants on wall, fence or trellis (eg ivy, honeysuckle, clematis) to provide food, shelter and nesting sites.
- Some lawn left to grow long for wild flowers.
- A way for hedgehogs to move in and out of your garden.
- Wildlife pond or sunk container, however small.
- A bird bath.
- Compost heap, compost bin or wormery.
- Rainwater butt.
- Compost which is peat-free.
- A chemical-free garden is no pesticides, weed killer or non-organic slug pellets.

RHS PERFECT FOR POLLINATORS

English bluebell
- *Hyacinthoides non-scripta*

Grape hyacinth
- *Muscari armeniacum*

Buddleia
- *Buddleja davidii*

Lavender
- *Lavandula angustifolia*

Honeysuckle
- *Lonicera periclymenum*

Common sunflower
- *Helianthus annuus*

More Ways To Help Wildlife

1. Make your own butterfly feeder
www.wildlifetrusts.org/things-to-do/activity-sheets-how-to-build-a/
2. Build your own pond
www.wildlifetrusts.org/actions/how-to-build-pond/
3. How to make a new build garden for wildlife
www.wildlifetrusts.org/actions/how-to-build-new-build-garden-wildlife/
4. Make your own compost
www.bbc.co.uk/gardening/484g/made2/making_your_own_compost.shtml

How to make a butterfly feeder

What you need:



1. Draw a flower on your card and colour it in with bright colours, then cut it out
2. Stick a plastic bottle top in the centre
3. Use sellotape to stick the straw or cane onto the back of the flower, and stand it in the pot of soil
4. Mix the sugar with some water and soak the cotton wool in the solution
5. Put cotton wool inside bottle top

FURTHER INFORMATION/ADVICE

Check out the following websites for lots of expert advice and suggestions:

- Cumbria Wildlife Trust
- Butterfly Conservation UK
- Royal Horticultural Society (RHS)
- Royal Society for the Protection of Birds (RSPB)
- The Woodland Trust
- The National Trust

GET INVOLVED

SENS would like to set up a working group to explore how we can help protect Staveley's biodiversity. If you are interested in finding out more - do get in touch!
Email: senstaveley@gmail.com

PLEASE CAN YOU HELP

We are inviting you to contribute to an active travel plan for Staveley. What are your priorities? What would you like to change?

The first phase is a short survey - here is the link - <https://tinyurl.com/y82543uc>
Or if you prefer pen and paper - a copy of the survey is enclosed with this leaflet.

Please return by 21st August.
Thank you very much for your help!

