

Ten suggestions to reduce your carbon emissions

You don't have to join – just join in

IN THE HOME

- Save energy turn the heating temperature down, wear more clothes, use the tumble drier less
- 2. Switch to a green electricity tariff
- 3. Use energy efficient lighting and appliances





ON THE TABLE

- 4. Reduce food waste, and single use plastic packaging
- 5. Buy local, seasonal produce
- 6. Eat less meat and dairy products

OUT & ABOUT

- 7. Walk, cycle, use public transport if possible
- 8. Car share, drive a low emission vehicle
- 9. Reduce or stop flying





SHOPPING

10. Consider second-hand, buy less, swap

Is it really that serious?

Greenhouse gas
levels are currently
higher than they have
been in over a million
years well before
humans evolved.

So now we have global temperature rise, destabilised climate systems and extreme weather events.

We have species loss, pollinator loss, risk to food supplies and potentially mass migration of human populations.



Recent weather

Recent weather events in the UK and across the globe are becoming more and more extreme.

Let's create a world fit to pass on to our children where...

- » The air and the streets are clean
- » Many of our young people are employed in local green jobs
- » We are generating a lot of our energy locally
- » We have regular, frequent, clean public transport
- » We grow most of our food locally
- » We have secure supplies of water
- » We have safe sewage systems
- » We are flood resilient with flooding prevented

- » There is less need to commute to work with more family and community time
- » Stronger communities mean more trust and less crime, reducing the reliance on police service
- We have access to many more green spaces with flowers for pollinators and trees providing shade, sucking up CO2 and generally improving our physical and mental health and wellbeing thus reducing the needs for health and social care services

We can relax knowing our children and their children have a secure future to look forward to.

FURTHER INFORMATION

www.ourplanet.com

Check out the What I can do section – lots of advice, hints and tips, useful films, school resources and more

www.theccc.org.uk

What the UK government is and is not doing so far. The Tackling Climate Change and Climate Science tabs are helpful.

www.skepticalscience.com

This website helps with doubts and questions. Climate Myths in the left panel is particularly helpful.

WHAT CAN YOU DO?

Place this leaflet in your window and try out some of the suggestions.

Check out the SENS website for local events, meetings, groups: www.sustainablestaveley.org.uk

SENS is setting up working groups to explore how we can make Staveley more climate resilient. If you are interested in finding out more do get in touch!

Email: senstaveley@gmail.com

Please take part in our short survey about your views on climate change. It won't take more than 5 minutes and there is a £25 high street voucher prize draw for all submissions! Go to the following page:

www.surveymonkey.co.uk/r/JHWRMDJ

